

Late Stage Dementia and End of Life Care

This course provides learners with the knowledge and skills they need when supporting people living with late-stage dementia at the end of life. You will explore how dementia affects experiences of dying and learn to recognise the emotional, spiritual, and social needs of individuals during this time. The programme also considers the needs of families and loved ones, offering guidance on providing comfort, reassurance, and meaningful connection.

You will gain understanding of different perspectives on death and dying, and the principles and policies that guide high-quality, person-centred end-of-life care. Through discussion and reflection, you will develop empathy and confidence in supporting both individuals with dementia and their families.

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Learning Outcomes

- Know different perspectives on death and dying
- Understand the aims, principles and policies of end-of-life care
- Understanding factors regarding connecting to an individual at the end of life
- Supporting family and loved ones at end of life

Course Content

Module 1: Perspectives on Death and Dying

- Examine different cultural, spiritual, and personal views on death.
- Understand how these perspectives influence the needs and experiences of individuals and their families.

Module 2: Principles of Person-Centred End-of-Life Care

- Learn the key aims, principles, and policies that guide compassionate care.
- Explore how to ensure dignity, respect, and comfort throughout the dying process.

Module 3: Emotional, Social, and Spiritual Support

- Identify the emotional and social needs of people with late-stage dementia.
- Explore ways to offer meaningful connection and reassurance.

Course Content

Module 4: Supporting Families and Loved Ones

- Learn strategies for communicating effectively with families.
- Understand how to provide guidance, comfort, and reassurance during a difficult time.

Module 5: Reflection and Practice

- Engage in discussion and reflective exercises to deepen empathy and understanding.
- Build confidence in supporting both individuals with dementia and their families through the end-of-life journey.